

## Newport and District 10k - 23<sup>rd</sup> June 2019

Position	Number	Time	Name	Club	Category
1	28	00:37:40	Christopher Ashford	BRAT	M
2	197	00:39:42	Pravesh Patel	Wolverhampton & Bilston	M
3	252	00:39:53	Nick Bradley	My Sports and More	M
4	55	00:40:00	Robert Cartwright	Wolverhampton & Bilston	M
5	255	00:41:05	Robin Guy	Newport and District RC	MV40
6	181	00:41:19	Paul Rochfort	Unattached	MV40
7	226	00:43:19	Chris Hall	Unattached	M
8	108	00:43:24	Ben Gibson	Unattached	M
9	232	00:43:36	Sam Smith	Unattached	M
10	19	00:43:39	Jamie Anderson	Telford Harriers	MV40
11	150	00:44:06	Eric Siqueiros	Unattached	M
12	139	00:44:10	Edijs Alksnis	Wrekin Road Runners	MV40
13	238	00:44:14	Sarah Mackness	Notts AC	F
14	40	00:44:35	Thomas Pope	Newport and District RC	MV40
15	104	00:45:00	Thomas Holroyd	Unattached	M
16	177	00:45:17	Tim Nash	Bridgnorth Running Club	MV40
17	190	00:45:46	daniel watson	Unattached	M
18	178	00:45:53	Andrew Wakefield	Unattached	M
19	176	00:46:33	frederick holland	Unattached	M
20	74	00:46:38	Lee Pearson	Wolverhampton & Bilston	MV40
21	53	00:46:47	Darren Owen-Jones	Telford Harriers	MV40
22	137	00:47:18	Christopher Freer	Unattached	MV50
23	186	00:47:37	Jeff Jones	Unattached	M
24	76	00:47:51	David Brown	Newport and District RC	MV40
25	189	00:47:58	Clint Hall	Hartshill Runners	MV40
26	257	00:48:17	Matthew Ashtom	Unattached	M40
27	248	00:48:26	Marc Christian	Unattached	MV50
28	124	00:48:31	peter crowther	Aberystwyth AC	MV60
29	43	00:48:40	Andrew Baillie	Unattached	M
30	54	00:48:55	Ed Hole	Unattached	M
31	34	00:48:59	phil cross	Newport and District RC	MV50
32	61	00:49:09	Amy Wakeley	Telford AC	F
33	79	00:49:18	Matt Lee	Newport and District RC	MV40
34	256	00:49:22	Lee Sloan	Unattached	M
35	49	00:49:27	Karen Gibbons	Bridgnorth Running Club	FV40
36	81	00:49:36	Gary Mountford	Newport and District RC	MV50
37	211	00:49:38	Mark Hinshelwood	Unattached	MV50
38	20	00:50:02	Luke Phillips	Unattached	MV40
39	24	00:50:07	Philip Dolding	Newport and District RC	MV50
40	27	00:50:09	Adam Taylor	Unattached	MV40
41	37	00:50:14	Timothy Moran	Unattached	MV40
42	195	00:50:16	Jo Plimmer	Unattached	F
43	147	00:50:22	Steve Willacy	Unattached	MV50
44	169	00:50:24	Paul Greenhead	Unattached	M
45	114	00:50:32	Neil Fairbrother	Newport and District RC	M
46	163	00:50:39	Matt Brown	Unattached	M
47	48	00:50:43	Jo Pugh	Unattached	FV40
48	16	00:50:46	John Higgins	Unattached	MV50
49	67	00:51:20	Jonathan Mahoney	Telford Harriers	M
50	213	00:51:35	Mr Aidan Fuller	Vegetarian Cycling & AC	M
51	22	00:52:00	Rik Skingsley	Unattached	M
52	143	00:52:03	Luke Alldritt	Unattached	M
53	21	00:52:56	Becki Skingsley	Unattached	F
54	203	00:52:59	Craig Jenkins	Unattached	M
55	113	00:53:05	Justin Shirra	Unattached	MV50

56	244	00:53:09	Holly Bishop	Unattached	F
57	31	00:53:14	Rob Price	Lawley Running Club	M
58	35	00:53:21	Edward Roper	Newport and District RC	M
59	222	00:53:23	Paul Ducommun	Unattached	MV40
60	243	00:53:39	Rafal Tubajski	Unattached	M
61	231	00:53:40	Maisie Grew	Unattached	F
62	43	00:53:49	Mark Cochrane	Unattached	MV40
63	223	00:53:52	Wesley Burrage-Jones	Unattached	M
64	224	00:54:04	Paul Bick	Unattached	M
65	83	00:54:05	Nicholas Beach	Wolverhampton & Bilston	MV40
66	17	00:54:08	Emma Chadwick	Lawley Running Club	F
67	1	00:54:09	Lou Smith	Unattached	FV40
68	135	00:54:25	Dan Merrick	Unattached	M
69	168	00:54:44	Kirsty Greenhead	Newport and District RC	FV40
70	117	00:54:51	Julie Pattyson	Unattached	FV40
71	102	00:55:10	George Griffiths	Unattached	M
72	121	00:55:14	Matt Beech	Lawley Running Club	M
73	227	00:55:18	Kerry Hall	Unattached	F
74	106	00:55:20	David Rose	Newport and District RC	MV50
75	246	00:55:54	Amy McLellan	Unattached	FV40
76	152	00:56:03	Chris preece	Unattached	MV40
77	151	00:56:17	Scott Johnston	Unattached	M
78	70	00:56:31	Rob Kelly	Unattached	MV40
79	247	00:56:45	Sarah Farmer	Unattached	FV40
80	29	00:57:00	Daniel Griffiths	Unattached	M
81	220	00:57:05	adrian talbot	Wrekin Road Runners	MV50
82	116	00:57:27	Viv Peczek	Unattached	FV40
83	194	00:57:31	Patrick Palmer	Unattached	MV40
84	225	00:57:46	Robin Glover	Bridgnorth Running Club	MV40
85	112	00:57:52	Jay Higgins	Unattached	M
86	236	00:57:58	David Haynes	Unattached	MV50
87	42	00:58:02	Glenn Thompson	Unattached	MV40
88	41	00:58:26	Emily Pope	Newport and District RC	F
89	60	00:59:10	Louise Steel	Unattached	FV40
90	191	00:59:26	Louis Southin	Unattached	M
91	107	00:59:29	Jane Nicholls	Lawley Running Club	FV50
92	58	00:59:50	Vance Heath	Unattached	MV50
93	130	00:59:57	Chris Smith	Unattached	M
94	69	01:00:11	Steven Humbles	Unattached	M
95	202	01:00:12	Andrew Lovatt	Unattached	MV50
96	126	01:00:19	Mark Frost	Unattached	MV50
97	18	01:00:25	Grace Chadwick	Unattached	F
98	196	01:00:27	Fiona Rowe	Unattached	FV40
99	183	01:00:29	Harriet Sullivan	Unattached	F
100	75	01:00:47	Aaron Nicholas	Unattached	M
101	219	01:00:50	Jo Scorgie	Lonely Goat RC	FV40
102	218	01:00:52	Siobhan Hughes	Unattached	F
103	101	01:00:53	Hugh Griffiths	Unattached	MV50
104	11	01:01:00	Louise Stevens	Wrekin Road Runners	FV40
105	208	01:01:05	Megan Smith	Unattached	F
106	2	01:01:12	Annabel Montgomery	Newport and District RC	FV40
107	155	01:01:26	Ruth MacMullen	Unattached	FV40
108	253	01:01:35	Claire Ellis	My Sports and More	FV40
109	122	01:01:47	Patrick Beresford	Unattached	MV50
110	199	01:01:59	Louise Bullock	Unattached	FV40
111	229	01:02:00	Maria Joyce	Unattached	FV40
112	210	01:02:20	Sophie Mellor	Unattached	F
113	78	01:02:25	Robin Mawby	Unattached	MV40
114	249	01:02:28	Stefan Matecki	Unattached	MV60

115	241	01:02:30	James Vidler	Telford Harriers	MV40
116	25	01:02:43	John Bradley	Unattached	M
117	98	01:02:47	Mark Furniss	Unattached	MV40
118	47	01:03:11	Anthony O'Connor	Unattached	M
119	154	01:03:17	Chloe Mahy	Newport and District RC	F
120	153	01:03:19	Colin Mahy	Newport and District RC	MV50
121	245	01:03:27	Sharon Phaisey	Unattached	FV40
122	167	01:03:30	Julie Dowell	Unattached	FV40
123	82	01:03:42	ralph humphries	Newport and District RC	MV50
124	240	01:04:07	Richard Pepper	Wrekin Road Runners	MV40
125	175	01:04:08	Mark Hall	Wrekin Road Runners	MV50
126	235	01:04:15	Rebecca Evans	Unattached	F
127	65	01:04:56	Frank Forrest	Unattached	MV60
128	103	01:05:12	Michelle Taylor-Mason	Unattached	F
129	3	01:05:34	Tracy Hartridge	Newport and District RC	FV40
130	9	01:05:41	christopher mcdonald	Shropshire Shufflers	MV70
131	5	01:05:43	Steve Cannon	Newport and District RC	MV60
132	200	01:06:03	Wendy Evans	Unattached	FV50
133	56	01:06:05	lee Groucutt	Wolverhampton & Bilston	MV40
134	234	01:06:30	Amanda Stokes	Wrekin Road Runners	FV40
135	239	01:06:42	Sarah Hughes	West Cheshire Athletic Club	FV40
136	206	01:06:47	Helen Hadebe	Newport and District RC	FV50
137	132	01:07:11	Charlotte Smith	Unattached	F
138	188	01:07:12	emma Hall	Hartshill Runners	F
139	172	01:07:23	Daniel Fairclough	Unattached	M
140	171	01:07:23	Jaime Lou Keeley	Newport and District RC	FV40
141	51	01:07:41	Megan Owen-Jones	Wrekin Road Runners	F
142	173	01:07:47	Diane Hampton	Newport and District RC	FV40
143	201	01:07:55	Melvin Lilley	Midland Masters AC	MV50
144	119	01:08:10	Dan Stanley	Unattached	M
145	46	01:08:14	Melanie Ridgewell	Wrekin Road Runners	FV40
146	7	01:08:17	Parvinder Chana Jones	Unattached	F
147	157	01:08:20	Rob Wood	Lawley Running Club	MV40
148	215	01:08:26	Laura Hadebe	Unattached	F
149	92	01:08:40	Michelle Macartney	Unattached	F
150	62	01:08:43	Matthew Williams	Unattached	M
151	209	01:08:43	Jack Bolton	Unattached	M
152	71	01:08:47	Dave Davies	Unattached	MV50
153	110	01:08:50	Anne Strowger	Newport and District RC	FV60
154	205	01:09:02	Ceri Crabbe	Wrekin Road Runners	FV40
155	94	01:09:06	Ian Sharp	Unattached	MV50
156	125	01:09:12	Michelle Frost	Unattached	FV50
157	133	01:09:23	Carla Jackson	Unattached	F
158	89	01:10:17	Lisa Yap	Newport and District RC	FV40
159	90	01:10:18	Simon Yap	Newport and District RC	MV40
160	115	01:10:22	David Peczek	Unattached	MV60
161	166	01:10:23	Charlotte Hart	Unattached	FV40
162	136	01:10:27	Ben Merrick	Unattached	MV70
163	258	01:10:44	Tim Davis	Unattached	M
164	182	01:11:02	Sarah Thompson	Unattached	F
165	84	01:11:30	Amy Leaver	Unattached	FV40
166	99	01:11:57	Joanne Furniss	Unattached	FV40
167	170	01:12:02	Lindsey Morris	Unattached	FV40
168	217	01:12:03	Emma Preston	Shropshire Shufflers	FV40
169	216	01:12:04	Steve Haycock	Unattached	MV50
170	30	01:12:13	Rebecca Nicholson	Unattached	F
171	91	01:12:17	Aimee Dawes	Unattached	F
172	184	01:12:20	Emma Burgess	Unattached	FV40
173	185	01:12:37	Sues Halbert-Bates	Unattached	F

174	149	01:12:41	Amy Gill	Hartshill Runners	F
175	13	01:13:05	Avril Parker-Jones	Lonely Goat RC	F
176	146	01:13:40	Elizabeth Stork	Stafford Harriers	F
177	198	01:13:41	Callie McDonald	Lawley Running Club	F
178	66	01:13:55	Tania Willoughby	Telford Harriers	FV60
179	230	01:13:56	Ellie Beresford	Unattached	F
180	164	01:14:04	Lucy Kilburn	Unattached	F
181	127	01:14:06	Tineka Frost	Unattached	F
182	26	01:14:36	Tom Williams	Unattached	M
183	242	01:14:38	Natalie Vidler	Wrekin Road Runners	F
184	50	01:16:56	Amy Hallam	Unattached	F
185	204	01:17:12	Helen Jenkins	Unattached	F
186	161	01:17:31	Justyna Trojak	Unattached	F
187	160	01:17:32	Nic Smith	Lawley Running Club	F
188	12	01:17:43	Debra Hickman	Wrekin Road Runners	FV50
189	93	01:18:25	Annette Sharp	Unattached	FV50
190	131	01:18:49	Kay Cutler-Rixom	Newport and District RC	FV40
191	64	01:19:04	Claire Grant	Wolverhampton & Bilston	FV50
192	63	01:19:05	Watney Moran	Wolverhampton & Bilston	FV40
193	88	01:19:47	Derek Taylor	Unattached	MV60
194	254	01:19:48	Andrew Fennell	Unattached	MV50
195	237	01:20:13	Rosalind Graham	Bridgnorth Running Club	F
196	57	01:20:37	Louise Heath	Newport and District RC	FV50
197	251	01:20:51	Marie Shoulder	Newport and District RC	F
198	158	01:20:52	Shirl Wood	Lawley Running Club	FV50
199	212	01:20:53	Viv Barnett	Lawley Running Club	FV50
200	174	01:21:08	Samantha Hall-Davies	Wrekin Road Runners	F
201	179	01:21:46	Claire Stack	Unattached	F
202	180	01:21:46	Paul Sharp	Unattached	M
203	73	01:21:49	Alex McDonald	Unattached	F
204	123	01:21:59	Jon Collins	Unattached	MV40
205	15	01:22:07	Sharron Owen	Wrekin Road Runners	FV50
206	259	01:22:36	Mike Murray	Unattached	M
207	59	01:23:31	Michelle street	Unattached	F
208	10	01:23:46	David Lewis	Unattached	MV60
209	97	01:23:51	Claire Poole	Unattached	FV40
210	165	01:23:57	Jennie Mcewan	Unattached	F
211	100	01:25:23	Ann-Marie Tyrer	Lonely Goat RC	FV40
212	80	01:25:54	Paul Lambert	Newport and District RC	MV40
213	85	01:26:11	Jane Morris	Wrekin Road Runners	FV50
214	134	01:27:20	Lisa Butler	Telford Harriers	FV40
215	96	01:27:48	A CANHAM	Telford Harriers	FV50
216	140	01:31:12	Teresa Coyle	Unattached	FV40
217	250	01:32:03	Claire Aslett-Round	Lawley Running Club	FV40
218	95	01:36:13	JO SNOWDEN	Telford Harriers	FV60