

Newport District 10K Longford Hall - Sun-24-Jun-2018

Newport & District 10K Longford Hall - Sun-24-Jun-2018

Pos.	No.	Name	Club	Category	L Pos.	Cat pos	Time
1	52	James Egleston	Telford AC	M		1	37:31
2	102	Christian Evans	Telford AC	MV40		1	37:59
3	95	William Dolding	Newport & District RC	M		2	39:05
4	149	Jordan-Lee Stamp	Wrekin Tri	M		3	39:55
5	148	Robin Sedman-Smith	Newport & District RC	MV40		2	40:44
6	140	Martin Summers	Bridgnorth Running Club	MV60		1	44:29
7	43	Chris Doran	Telford Harriers	MV40		3	44:33
8	103	Joel Reed	Telford AC	M		4	45:45
9	92	Glyn Hesbrook	Unattached	MV40		4	46:03
10	129	Lindsay Browning	Newport & District RC	L	1	1	46:07
11	72	Adam Brittle	Unattached	M		5	46:57
12	15	Matthew Ketteringham	Lawley Running Club	MV40		5	47:18
13	38	Peter Crowther	Aberystwyth AC	MV60		2	47:33
14	81	Gary Howe	Unattached	MV50		1	47:37
15	86	Philip Dolding	Newport & District RC	MV50		2	47:52
16	30	Matthew Lee	Newport & District RC	MV40		6	48:11
17	21	Stuart Lee	Tipton Harriers	MV40		7	48:14
18	49	Frederick Holland	Unattached	M		6	48:23
19	145	Chris Bickford-Smith	Newport & District RC	MV50		3	49:00
20	20	Mehdad Jafari	Unattached	M		7	49:08
21	73	Nicholas Watts	Newport & District RC	M		8	49:09
22	150	Sophie Anne Flanagan	Serpentine RC	L	2	2	49:36
23	151	Mark Mountford	Telford AC	MV50		4	49:58
24	107	Karen Gibbons	Bridgnorth Running Club	LV40	3	1	50:09
25	101	Daniel Ward	Unattached	M		9	50:18
26	11	Matt Toogood	Unattached	M		10	50:44
27	34	Phil Cross	Newport & District RC	MV50		5	50:51
28	77	Richard Palmer	Telford Harriers	MV40		8	50:58
29	14	Ceri Card	Lawley Running Club	L	4	3	51:04
30	139	James Healey	Unattached	MV40		9	51:01
31	35	Neil Fairbrother	Newport & District RC	M		11	51:21
32	66	Jonathan Mahoney	Telford Harriers	M		12	51:55
33	16	John Higgins	Unattached	MV50		6	52:10
34	144	Paul Greenhead	Unattached	M		13	52:20
35	109	Stephanie Main	Croft Ambrey RC	LV40	5	2	52:29
36	76	Miles Scrivens	Unattached	M		14	52:31
37	138	Amanda Sharp	Newport & District RC	LV40	6	3	52:33
38	118	Nigel Ingram	Newport & District RC	MV50		7	53:04
39	156	Andrew Cross	Newport & District RC	M		15	53:30
40	94	Sal Khan	Newport & District RC	M		16	53:45
41	55	Gary Mountford	Newport & District RC	MV50		8	53:52
42	68	David Henley	Unattached	MV50		9	54:03
43	89	Kirsty Greenhead	Unattached	LV40	7	4	54:26
44	108	Andrew Dippie	Telford Harriers	MV50		10	54:34
45	84	Oliver Stokes	Newport & District RC	M		17	55:05
46	78	Rodney Jones	Newport & District RC	MV60		3	55:12
47	125	Carl Tromans	Unattached	M		18	55:28
48	134	Stephen Sloan	Unattached	M		19	55:35

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49	62	Claire Growcott-Jones	Unattached	LV40	8	5	55:47
50	91	Lou Smith	Unattached	LV40	9	6	56:19
51	137	Chris Washington	Stafford Harriers	M		20	56:35
52	82	Toby Long	Unattached	M		21	56:43
53	13	Deborah Moore	Unattached	LV50	10	1	57:29
54	142	Mark Seaton	Stafford Harriers	MV50		11	57:33
55	104	Paul Ducommun	Unattached	MV40		10	57:43
56	79	Guy Roberts	Unattached	MV40		11	57:04
57	121	Paul Poulton	Chase Harriers	MV60		4	57:53
58	12	Karl Moore	Unattached	MV50		12	58:03
59	126	Isabel Broxton	Lawley Running Club	L	11	4	58:13
60	146	Trevor Jones	Unattached	MV50		13	58:20
61	100	Philip Link	Newport & District RC	MV40		12	58:22
62	46	Glenn Thompson	Unattached	MV40		13	58:25
63	152	Wendy Owen	Dee Striders	LV40	12	7	58:30
64	24	Lisa Blagden	Telford AC	LV40	13	8	58:55
65	122	Simon Hobson	Unattached	MV40		14	59:19
66	18	Rebecca Skingsley	Unattached	L	14	5	59:22
67	65	Lisa Bragg	Northbrook Athletic Club	LV50	15	2	59:29
68	32	Simon Jackson	Newport & District RC	MV40		15	59:49
69	42	Kim Tonks	Unattached	L	16	6	59:55
70	93	Neil Young	Unattached	MV50		14	1:00:00
71	85	Adrian Jacks	Unattached	MV50		15	1:00:17
72	53	Richard Painter	Unattached	MV50		16	1:00:05
73	19	Richard Skingsley	Unattached	M		22	1:00:36
74	120	Thomas Ashbridge	Unattached	MV40		16	1:00:53
75	5	Lee Sutton	Newport & District RC	MV40		17	1:01:15
76	88	Stephanie Pickering	Unattached	L	17	7	1:01:41
77	143	Edward Roper	Newport & District RC	M		23	1:01:54
78	2	Natalie Bagnall	Lawley Running Club	L	18	8	1:02:01
79	17	Darrin Smith	Unattached	MV50		17	1:02:11
80	131	Malcolm Brown	Unattached	MV50		18	1:02:15
81	135	Ruth MacMullen	Unattached	LV40	19	9	1:02:25
82	44	Joanne Lutner	Newport & District RC	LV40	20	10	1:02:30
83	112	David Bagnall	Unattached	MV40		18	1:02:42
84	113	Amy Sharman	Unattached	L	21	9	1:02:44
85	136	Tracey Crowder	Unattached	LV40	22	11	1:02:55
86	51	Stephanie Egleston	Telford Harriers	LV50	23	3	1:03:33
87	154	Robert Friel	Telford Harriers	MV40		19	1:03:33
88	10	Sarah Bolas	Lawley Running Club	LV40	24	12	1:03:40
89	153	Helen Rushton	Unattached	L	25	10	1:03:42
90	127	Jo Scorgie	Unattached	MV40		20	1:04:30
91	48	Lynn Geoghegan	Unattached	LV50	26	4	1:04:47
92	87	Emily Hopper	Newport & District RC	L	27	11	1:06:13
93	128	Beverley Ward	West Bromwich Harriers	LV50	28	5	1:06:29
94	37	Peter Welch	Unattached	MV60		5	1:06:29
95	110	Kate Bulman	Unattached	LV40	29	13	1:07:31
96	111	Melanie Weatherer	Unattached	L	30	12	1:07:31
97	71	Claire Brittle	Newport & District RC	L	31	13	1:07:47
98	114	Ruth Smith	Unattached	LV50	32	6	1:07:51

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99	116	Kirsty Rollings	Unattached	L	33	14	1:08:04
100	83	Stewart Long	Newport & District RC	MV50		19	1:08:05
101	41	Frances Galvin	Newport & District RC	LV40	34	14	1:09:04
102	59	Donna Vickers	Unattached	L	35	15	1:09:07
103	4	Ralph Humphries	Newport & District RC	MV50		20	1:09:32
104	132	Anne Strowger	Newport & District RC	LV60	36	1	1:09:42
105	124	Amy Gill	Hartshill Runners	L	37	16	1:11:36
106	155	Mike Murray	FRA	MV60		6	1:12:49
107	31	Mary Price	Unattached	LV40	38	15	1:13:20
108	117	Sarah Moore	Newport & District RC	L	39	17	1:13:36
109	23	Angela Hunt	Unattached	LV40	40	16	1:13:54
110	40	Rebecca Andrews	Unattached	LV40	41	17	1:13:55
111	39	Nick Andrews	Unattached	MV40		21	1:13:55
112	133	Diane Hampton	Newport & District RC	LV40	42	18	1:14:08
113	130	Sarah Farmer	Unattached	LV40	43	19	1:14:51
114	147	Julie Fallon	Unattached	LV40	44	20	1:14:51
115	106	Kiri Soltysik	Unattached	M		24	1:15:22
116	47	Sam Britton	Unattached	L	45	18	1:15:28
117	1	Dave Dulson	Unattached	MV50		21	1:15:38
118	80	Jen Roberts	Unattached	LV40	46	21	1:15:51
119	141	Paul Lambert	Newport & District RC	MV40		22	1:16:10
120	96	Derek Taylor	Newport & District RC	MV60		7	1:16:23
121	67	John Stokes	Newport & District RC	MV60		8	1:16:58
122	74	Kate Johnson-Takes	Unattached	L	47	19	1:17:07
123	105	Alex Chapman	Unattached	M		25	1:18:25
124	119	Lizzie Pellowe	Unattached	LV40	48	22	1:18:59
125	25	Amy Thompson	Unattached	L	49	20	1:19:01
126	60	Esther Wright	Newport & District RC	LV40	50	23	1:19:14
127	61	Steve Price	Shropshire Shufflers	MV60		9	1:19:16
128	26	Nicola Hayward	Unattached	L	51	21	1:21:19
129	29	Laura Lovatt	Unattached	L	52	22	1:21:24
130	8	Deborah Hopkins	Lawley Running Club	LV50	53	7	1:21:38
131	9	Sarah Summers	Lawley Running Club	LV40	54	24	1:21:38
132	70	Claire Aslett-Round	Lawley Running Club	LV40	55	25	1:22:10
133	56	Laura Williams	Unattached	L	56	23	1:22:52
134	69	Sarah Painter	Lawley Running Club	LV40	57	26	1:23:04
135	57	Simone Wills	Unattached	LV40	58	27	1:24:07